

MAHARASHTRA KARATE ASSOCIATION

Recgd. by: Director of Sports and Youth Affairs, Govt. of Maharashtra, Pune. Maharashtra
State Sports Council

Member: All India Karate-Do Federation.

AIKF- Recgd. By: Govt. of India and Indian Olympic Association.

ITTS House, 6th Fl., K.Dubash Marg, Mumbai 400 023.

WKF RULES OF KARATE COMPETITION (Version 5.5 Madrid June 2005) will apply with the exception of the following.

KUMITE:

Duration of Kumite bout for Seniors will be defined as two (2) minutes depending on the numbers participating. The two (2) Repechage-Finals (for 3rd place) & Final will be of THREE (3) minutes.

FACE CONTACT – SENIORS.

All hand techniques to the head, face, and neck must have absolute control. Should the glove touch the target the Referee Panel will not award a score.

Kicking techniques to the head, face and neck, are allowed to make a non-injurious, light, controlled “sk in touch” only to the face, head, and neck (but not to the throat).

Techniques to the body may make light controlled contact only. (Either by hand or foot/legs)

Where contact is deemed by the referee to be too strong, a warning (CHUKOKU) may be given. A second contact under the same circumstances will be penalised by KEIKOKU and IPPON (one point), given to the opponent. A third offence will be given HANSOKU CHUI and NIHON (two points), to the injured competitor. A further offence will result in disqualification by HANSOKU.

Contestants who over-react to light contact, in an effort to have the referee penalise their opponent, such as holding the face and staggering about, or falling unnecessarily, will be immediately warned or penalised themselves.

Clean White Karate Uniform, with no pipings or markings, with red and/or blue Obi (belts), Gum guards, Red and/or Blue Gloves (WKF Approved type Karate Mitts) depending on red or blue corner are **COMPULSORY**. Red and/or Blue Shin pads and foot protectors (WKF Approved types only.) are optional.

7. Any discourteous, rowdy or unacceptable behavior from a competitor, fellow team member, coach, manager, instructor, supporter/s or parent/s can earn the disqualification of the offender/s, the entire team or delegation from the tournament, or for a period of time that may extend up to four years.

KATA:

For above 18 years (ie Seniors) WKF Rules apply.

FOR DETAILED RULES VISIT AIKF SITE www.karateindia.com FOR WKF LINKS TO RULES OF KARATE COMPETITION.